



FAQ Frequently Asked Questions

1. What is Caviarlieri?

Caviarlieri is the latest innovation in Swiss Cellular Therapy and it is an Anti-Aging Caviar Supplement. It is a nutritional supplement that works on cellular renewal and stimulation to delay and retard our aging process by providing essential nutrition at the cellular level. It also helps fight free radicals and oxidative stress in our body. Through effective cellular rejuvenation process, Caviarlieri boosts energy levels, provides enhanced vitality, youth and ageless beauty.

2. What is Swiss Caviar Cell Therapy?

Swiss Caviar Cell Therapy is a potent transformative treatment which triggers the stimulation, rejuvenation and renewal of our cells. It uses our body's own healing to efficiently and effectively repair and renew our damaged cells through cell nutrition for optimum health regardless of our age. Cell Therapy today helps us to fight aging and maintain and extend youth, energy and vitality.

3. What is the difference between Cell Therapy and Stem Cell?

Stem Cell treatment involves implanting an undifferentiated cell of a multicellular organism which is capable of giving rise to indefinitely more cells of the same type, and from which certain other kinds of cell arise by differentiation. For adults, stem cells can only be taken from the bone marrow. Some people also have sheep placenta or rabbit stem cells (living cells and not filtered) implanted into their bodies. These treatments are usually for serious and complicated degenerative medical conditions like Paralysis and Parkinson's disease. The results and outcomes are difficult to measure and determine.

Cellular Therapy is similar except it does not involve undifferentiated cellular material.

Most known cellular therapies are administered via injectables. In the case of Caviarlieri, cellular therapy is in the form of oral soft gels, which are safe, non-invasive and yet potent and effective.



4. Why Caviarlieri ?

Our cells age and therefore we age. For those of us who desire to have an optimal quality of life regardless of their age should take Caviarlieri. Instead of focusing on our chronological age, what matters most is our biological age, which is the physiological age of our body. When you take Caviarlieri, you will experience outstanding benefits ranging from significant increase in energy levels, mood elevation, improving sleep quality, enhancement in your complexion and skin texture, substantial reduction in joint pain and it is also proven to help sexual dysfunction, improve sexual desire and satisfaction and other metabolic ailments.

In addition, Caviarlieri has very strong anti-inflammatory properties and is therefore beneficial for people suffering from degenerative diseases. We know today that chronic inflammation is the primary cause of cardiovascular diseases, cancer, autoimmune conditions, fibromyalgia and diabetes etc. For such medical conditions, most people have to take long-term drugs and medication with adverse side effects. Taking Caviarlieri will help mitigate the side effects of these drugs and provide essential nutrition for increase in energy levels, reduction of joint pain and mood enhancement. This will give them optimal vitality and optimism regardless of their medical challenges.

5. Is Caviarlieri Safe?

Caviarlieri is an oral food supplement and is approved by Swiss Public Health Authority and can be sold freely in Switzerland. It is a high quality, premium supplement, manufactured by Swiss Caps Inc. in Switzerland which has all the accreditations including CGMP, Global Brand Conformity certification as well as ISO. In addition, Caviarlieri is free of steroids, hormones and stimulants as Certified by German Sport University Cologne. Therefore, there are no addictive ingredients in Caviarlieri and can be consumed long-term.

6. What are the benefits of Caviarlieri?

- Reversing the degeneration of aging and age-related conditions like arthritis, chronic fatigue, asthma, degenerative brain disease and osteoporosis
- Substantial reduction in joint pains
- Significant increase in cellular energy and physical stamina
- Strengthening your body's immune system
- Increasing your sexual desire and performance



- Sharp improvement in mental concentration; improving your alertness and mind
- Reduces appearances of fine lines and wrinkles significantly
- Sharp improvement in mental concentration; improving your alertness
- Lowers your glycemic index resulting in weight loss
- A visible increase in radiance and glow to the skin
- Significant reduction in inflammation, alleviating metabolic syndrome
- Prevents macular degeneration

7. Why is Caviarlieri Effective?

Not everything we consumed can be absorbed by the body. After 30 years old, our digestive tracts will deteriorate and we are unable to break down our food to ensure that the nutrients reach our cells for protein synthesis.

Caviarlieri is manufactured using our proprietary Swiss Cold Process Extraction Technology, Cellularix. This means that the micronutrients encapsulated in the soft gels are bioactive and potent as the chemical integrity of the ingredients are not compromised. In addition, Caviarlieri is made from peptides which means that the micronutrients can bypass the stomach acid and be transported and delivered to the cells where protein synthesis will be activated. In this way, we can be ensured of optimal absorption of the nutrients inherent in Caviarlieri.

8. Why is Caviarlieri more effective than other vitamins?

The premium ingredients of Caviarlieri are clinically proven and tested to be effective for symptoms of physical aging and help alleviate metabolic syndromes like chronic fatigue, sexual dysfunction, mild depression, chronic joint pain etc. As the ingredients are extracted using Swiss Cold Process Extraction Technology, Cellularix, this ensures that the micronutrients are bioavailable and this ensures maximum absorption. Most vitamins or supplements on the other hand are manufactured using heat or high temperatures in order to destroy contaminants or bacteria. Therefore, the chemical integrity of the supplement may be compromised.

In addition, Caviarlieri is made from peptides, which ensures that the active ingredients can be effectively transported to our cells and be fully absorbed by the body. Not every supplement you take can be absorbed by your body.



Most standard manufacturing process of vitamins and most supplements uses “heat” which affects the potency and effectiveness of the supplement because this methodology will destroy most of the nutritional value of the supplement. Caviarlieri is manufactured using Swiss Cold Process Cellularix DNA Extraction Technology. This means that the potency of the nutrients encapsulated in Caviarlieri is retained for the maximum benefit of the consumer.

9. Why are the ingredients potent?

Caviarlieri is clinically proven and is lavishly formulated with the finest Sturgeon Caviar and Fish DNA Cellular Extracts/Peptides, known for their supreme rejuvenative, regenerative and antioxidant properties. These potent age-defying ingredients deliver immense energy to ensure ageless performance, enhanced vitality and timeless beauty.

The luxury essential ingredients in Caviarlieri are Caviar Cellular DNA Complex, Highly-Polymerized Collagen Elastin Plus.

Caviar Cellular DNA Complex

Produced from premium marine fish peptides and sturgeon caviar and exclusively patented Swiss Proprietary Cold “Cellularix” DNA extraction technologies, Caviarlieri’s active ingredients are kept biologically active during the entire manufacturing process.

The high degree of polymerization of the Caviar Cellular DNA Complex enables it to penetrate into the cells and remain biologically active for multifunctional benefits.

HP (Highly-Polymerized) Collagen Elastin Plus

HP Collagen Elastin Plus comprises the highest premium grade quality collagen and elastin peptides, only from France and has been proven to enhance the moisture and resilience of our skin. This is supported by clinical studies involving women over 40 years old. The results have shown an increase of the entire epidermis hydration after an oral administration of Caviarlieri’s HP Collagen Elastin Plus over a period of 3 months.

Clinical studies have also demonstrated unequivocally that HP Collagen Elastin Plus helps to substantially improve bone density in people who are afflicted with joint diseases.

10. Where is Caviarlieri manufactured?

Caviarlieri is a Swiss-certified original nutritional dietary supplement, researched, developed and manufactured in Switzerland by Swiss Caps Inc.



11. What is the best time to take Caviarlieri?

Caviarlieri should be taken 1st thing in the morning, 20 minutes before breakfast (including coffee and tea). For those who have gastritis, you may wish to start the Caviar Supplement after food or breakfast for the first 3 days and thereafter 20 minutes before breakfast (including coffee and tea).

Some customers prefer taking Caviarlieri at night before they sleep.

12. Are there any side effects from taking Caviarlieri?

As Caviarlieri is a food supplement, it does not have any side effects. However, a small number of people may initially experience diarrhea or constipation as they need time to adjust to the supplement. For those who have gastritis, you may wish to start the Caviar Supplement after food or breakfast for the first 3 days and thereafter 20 minutes before breakfast (including coffee and tea).

13. What is a Swiss Cell Therapy? Why is Caviarlieri a Swiss Cellular Therapy treatment?

Cell Therapy is a process in which a cellular material is injected, grafted or implanted into a patient; this generally means intact, living cells. In the case of Caviarlieri, Cellular Therapy is administered in an oral supplement to stimulate and accelerate protein synthesis which will trigger cell repair and renewal against damaged cells.

After years of technological research, the Swiss cell therapists continued the research and worked closely with French biologists and chemists to register marine cell therapy in Europe. Using the same principles of cell therapy via a patented cold DNA extraction process of the Caviar cellular DNA extracts from deep sea fish, which is environmentally pollution free from the deep ocean of France and hence Caviarlieri was developed.

14. Who should take Caviarlieri?

Caviarlieri is an Anti-Aging Caviar Cell Therapy Supplement suitable for adults (men or women) above 28 who are health conscious and want to fight the daily assault of aging. Caviarlieri, which has antioxidants also prevents premature aging and prevents the onset of age-related diseases and helps boost our immunity system and general wellbeing.

In our experience, these are important target customer segments of Caviarlieri.

a. people who desire more energy, vitality, stamina (these are our core group of customers who continue to take Caviarlieri even after 5 years). In this group, there are many customers, especially US male customers who claim that Caviarlieri enhance their libido and performance.



b. People who need to "feel good"

We have many European and American customers, including doctors who are not able to articulate and describe the benefits they experience from Caviarlieri and all they comment is "they feel good" after taking Caviarlieri. This can be due to mood elevation or energy they experience.

c. People who experience chronic Joint Pain. Caviarlieri is extremely effective in reducing inflammation and therefore the perception of pain. It is an excellent alternative versus using NSAIDS , steroids and pain killers for chronic pain.

According to the clinical studies for the Caviar DNA extracts, it is evident that Caviarlieri is more effective than NSAIDS and pain killers (Diclofenac) if the patient used the supplement for more than 4 months whereas the effectiveness of pain killers will diminish over time and the patient's addiction will increase.

In addition, we have scientific studies to demonstrate that Caviarlieri is more potent and effective compared to Glucosamine. (refer to the studies)

d. People with mild depression

e. People who want to look and feel younger

f. Professionals who need mental alertness and concentration for their work

g. People with degenerative diseases need to take drugs long-term. These drugs can create adverse side effects like joint pain, sexual dysfunction etc. Therefore, taking Caviarlieri can help mitigate these side effects and also provide an increase in energy levels, mood etc. (refer to scientific studies about how Caviarlieri can help metabolic ailments)

h. People who need mental concentration and alertness- refer to scientific study on Caviarlieri protecting and preventing brain degeneration

i. Beauty – Studies show that Caviarlieri can help skin photo aging

15. How long should I take Caviarlieri?

For the initial regime, Caviarlieri should be taken at least 3-6 months to experience the full benefit of the results.

16. Will Caviarlieri still be effective if we take it after 6 months? Do we need a break?

As we battle with aging on a daily basis, ensuring that we have effective cellular nutrition is critical. Caviarlieri is made using fish and caviar proteins and therefore it can be used for a long period of time. In addition, Caviarlieri is free of steroids, hormones and



stimulants as Certified by the German Sport University Cologne. Therefore, there are no addictive ingredients in Caviarlieri and can be consumed long-term.

Some supplements contain herbs or minerals which may be addictive or contains some properties which require the consumer to take a break taking the supplement.

17. What is the source of Caviar?

The Caviar is extracted from a Farmed Sturgeon supplier in France.

18. Caviar is known to be high in salt and fat. Why is Caviarlieri then good for health?

Caviarlieri is different from Food or Gourmet Caviar. It is a Caviar supplement made from Caviar extracts using the unique and proprietary Swiss Cold Extraction technology and is free from salt, bacteria and contaminants. Only the purified essence of the Caviar extracts are used in the production of the supplement for the optimal benefits of consumers.

Every batch of Caviarlieri soft gel has to go through microbial tests, heavy metal tests, certificate of analysis etc. to ensure product quality and safety.

19. Will taking Caviarlieri increase my cholesterol levels?

While all fish including Sturgeon Caviar contain some cholesterol, many are high in essential fatty acids. These are essential dietary fats that can actually help you maintain healthy cholesterol levels by lowering your triglyceride levels. They can also help increase your HDL levels.

Your body can't make essential fatty acids, so you have to get them from the food or supplement you eat. These essential fatty acids are important for a variety of body and brain functions and are even thought to affect mood and pain. In addition, the fish DNA peptides and sturgeon caviar in Caviarlieri are low in saturated fatty acids and contain no trans fats at all.

20. Will I put on weight?

Taking Caviarlieri will not make you put on weight. On the contrary because Caviarlieri can help reduce your glycemic levels, therefore it should help you in weight loss.

21. What is the type of fish the caviar is extracted from?

We use farmed Sturgeon because Sturgeon is a protected species.

22. What are the components of the marine peptides in Caviarlieri?

The marine peptides are primarily made from wild Salmon and Haddock DNA extracts.



23. Is Caviarlieri a drug?

Caviarlieri is a pharmaceutical grade food supplement with outstanding benefits as evident from the independent scientific studies published in peer-reviewed journals and clinical studies on the key ingredients as well as testimonials from experts and world renowned doctors.

24. What clinical studies are conducted for Caviarlieri?

Ongoing Caviarlieri Scientific Studies on Klotho Gene Expression

Initial studies of Caviarlieri have shown that our customers aged 60 and above and who have taken Caviarlieri over a period of time have a Klotho (Anti-Aging) Gene expression measurement similar to that of a 40 year old. More results on this study will be published later.

Scientific Studies on Caviarlieri which published on peer-reviewed journals

1. Rejuvenation Research Volume 15 Number 2, April 2012 (you can also visit the PubMed web site -US Library of Medicine, Institute of Health)

Title of the report: Beneficial Modulation from a High-Purity Caviar-Derived Homogenate on Chronological Skin Aging"

2. Journal of Biological Regulators and Homeostatic Agents ISSN - 0393-974X/2012

Title of the report: Effective Properties of a Sturgeon-Based Bioactive Compound on Stress-Induced Hippocampal Degeneration And On In Vitro Neurogenesis

3. Acta Bio Medica/ Official Journal of the Society of Medicine and Natural Sciences of Parma Vol 82 - N2/2012

Title of the report: Improving Sperm Quality and Spermatogenesis through a Bioactive Marine Compound: an experimental study

4. Journal of Biological Regulators and Homeostatic Agents ISSN - 0393-974X/2012

Title of the report: Beneficial Effect of a Sturgeon-Based Bioactive Compound on Gene Expression of Tumor Necrosis Factor-alpha Matrix Metalloproteinases And Type-10 Collagen in Human Chondrocytes

5. Acta Bio Medical / Official Journal of the Society of Medicine and Natural Sciences of Parma Vol 82 - N2/2012

Title of the report: A Sturgeon-derived Bioactive Compound beneficially modulates nuclear receptors controlling metabolic functions in patients with Metabolic Syndrome



6. Acta Bio Medical / Official Journal of the Society of Medicine and Natural Sciences of Parma Vol 84-N1/2013

Title of the report: Testing a novel bioactive marine nutraceutical on osteoarthritis patients

Clinical studies conducted on the key ingredients of Caviarlieri

These clinical studies range from studies reporting significant decrease in physical fatigue and improved stamina of subjects, recuperation after exercise, pain reduction from subjects suffering from osteoarthritis, rheumatoid arthritis, reduction of wrinkles and lines as well as reduction of glycemic index for blood sugar control. Caviarlieri also has studies to show marked improvement in moods and mental alertness after ingestion for a specific time period.

25. What are the certifications for Caviarlieri?

Caviarlieri is approved by the Swiss Public Health Authority and the Most Important Certification is the Swiss Export Attestation Certificate. Caviarlieri can be sold freely in Switzerland and not limited to exports, because of its stringent standards of development and production as well as its superior product quality.

Other certifications include, FDA compliance manufacturing facilities in Swiss Caps, CGMP and certification from German Sport University Cologne.

26. Is Caviarlieri a proven product?

Caviarlieri is researched and developed by a distinguished panel of Anti-Aging medical experts, gerontologists, biochemists, pharmaceutical professionals, who had conducted intensive research for the past 20 years to develop the First and Only Swiss Caviar Cell Therapy Supplement in the world.

Where nutritional supplements are concerned, it is always ideal to experience the latest technological innovation and medical advancement encapsulated in newly developed supplements. Even though Caviarlieri is a relatively new product, it has proven independent clinical studies for the key ingredients conducted almost 20 years ago and also scientific studies which are published in peer-reviewed journals and also PubMed for the past 6 years. There are ongoing studies being conducted to further validate the benefit claims of Caviarlieri.

Gerontologists, researchers and pharmacists who developed Caviarlieri have more than 20 years of experience in nutritional supplements research and development. Last but not the least, the Swiss quality and trademark is undeniably an important assurance.



27. How do I know Caviarlieri is developed and manufactured in Switzerland?

Even though the food supplement industry is not be regulated like the medical or drug industry, the distribution and sale of food supplements still require the approval of the local regulatory authorities. Even within Europe, a notification has to be submitted in each respective EU country prior to shipment and distribution. In Asia, most countries (for example Philippines, Thailand, Malaysia etc.) still require approval from the FDA (Food Drug Administration) or equivalent government department prior to importation and distribution.

The customs or importation department will verify the documents like the Swiss Export Attestation, Certificate of Analysis etc. prior to the approval of importation. The same process will apply for Caviarlieri. It is however, important to note that not all supplement brands comply and adhere to the above regulatory process.

28. Does Caviarlieri contain any Placenta? Why not Placenta?

No.

Potential Risks of Ingesting Placenta products

The placenta may also be a source of potentially harmful substances.

Inherent Contaminants

- a. The placenta is an organ, in fact it is the only organ made by the animal that is also purposely ejected when it is no longer needed. Therefore, it cannot be guaranteed to be free of contaminants.
- b. No Global Regulatory Processing and Manufacturing Standards for Placenta Extracts nor Worldwide Certification

Since there are no regulations on the methods for processing and therefore it is impossible to know what's actually inside the placenta supplements or what goes on during the manufacturing process. Placentas are BANNED in many Developed Countries, in Europe, and United States of America.

All products containing extracts of placenta have been banned by the United States Food and Drug Administration (USFDA) as they transmit diseases and pose serious health hazard to consumers. "Placenta extract was never permitted for use as medicine in the western countries, such as the US, Canada, Britain, Australia and European Union states, due to lack of efficacy and safety data.

All products containing placenta extracts even in use as cosmetics are banned in US.

- c. Heavy Metals



Research says that the placenta could contain toxic metals like Mercury, Lead, and Cadmium. The absorption of heavy metals into the placenta is believed to build up over time. This means that high levels of toxins like Mercury, Lead, and Cadmium could be engrained into the placenta, and then reabsorbed into the body after re-consumption. When levels of these metals in the body become too high, they are considered toxic. In addition, there haven't been any studies to measure the levels of organic pollutants or other potentially harmful substances that may be present in the placenta.

d. Allergic Reactions to Hormones present in the placenta

It is evident that placenta can somehow affect one's hormonal levels. If a potential consumer experience pathological hormonal levels, placenta laced supplements may have adverse effects. In addition, since placenta can affect hormonal levels, it is known that people with cancer or potentially may have cancer must not consume.

29. What is the difference between Caviarlieri and Deer Placenta?

It is not difficult to make a case of Caviarlieri because of the inherent risks of taking placenta soft gels or supplements which can potentially be cancer causing. The key strategic functional benefits of Caviarlieri versus deer or sheep placenta products are as follows:

1. Product Safety - Swiss Quality standard and Worldwide Certification for Caviarlieri
2. Potency and Effectiveness due to Swiss proprietary Cold extraction technology, ensuring a superior deliver mechanism to ensure the optimal absorption of biologically active micronutrients at the cellular level. Placenta products are usually encapsulated at much higher temperatures to remove contaminants and bacteria.
3. No Clinical Studies to demonstrate the effectiveness of human placenta supplements
4. Animal Placentas are banned in most countries, including US and Europe for questionable safety standards.

30. How do I know if it is not a fake product?

Look for the Caviarlieri Hologram sticker on the front box. Always purchase from authorized distributors. If in doubt, you can write to the official Swiss Caviarlieri email address at info@swisscaviarlieri.com and verify the lot number of the product. You can also enquire for the official distributor in the respective countries.

31. I am allergic to seafood. Can I take Caviarlieri ?

Yes, you can take Caviarlieri if you are not allergic to fish.



32. Does Caviarlieri help cancer?

Chronic Inflammation is a known cause for the proliferation and growth of cancer. Caviarlieri is not a drug and cannot cure cancer but it has very strong anti-inflammatory properties which are beneficial to cancer patients. In addition, Caviarlieri provides essential nutrition at the cellular level which can help boost their metabolic rate, increase energy levels and improve their immunity system.

Some of the cancer patients who are underdoing chemotherapy find that Caviarlieri (caviar supplement) is extremely useful because they feel energized and optimistic even after their chemotherapy sessions. Most of them can go to work or do their shopping and they do not experience the adverse side effects of chemotherapy like vomiting, nausea and dizziness etc. They firmly believe that this caviar supplement helps to mitigate the adverse side effects of the drugs which they had to take.

33. Will Caviarlieri cause my cancer cells to grow?

No because the ingredients are primarily fish based (Sturgeon, Salmon and Haddock). While Caviarlieri helps to trigger cellular repair for damaged cells, it does so by providing essential bio active micronutrients at the cellular level. In addition, given its strong anti-inflammatory properties, it will not facilitate the proliferation of cancer cells.

Some studies also show that this caviar supplement can potentially help to trigger apoptosis (programmed cell death).

34. I am currently on medication, can I take Caviarlieri?

Caviarlieri is not a drug, it is only a Food Supplement which helps to enhance a person's daily nutrition at the cellular level. When taken with medication, ensure that it is taken 2-4 hours apart.

If you are on Thyroid medication, which has to be taken on an empty stomach first thing in the morning, please take the Thyroid medication first and then take the Caviar supplement 2 hours later.

35. Can Caviarlieri help diabetic patients?

GI or Glycemic index shows how food affects the blood glucose response after a meal. One of the ingredients in Caviarlieri acts as a glycemic index reducing peptide and balances blood sugar levels after meals as well as limit the post prandial glucose rise. Hence, it reduces the fluctuations in blood glucose and therefore lowers insulin demand. In addition, some doctors and patients have reported amazing outcomes and their drug dosage is significantly reduced after taking Caviarlieri for a few months.



36. Where is the source of the fish DNA extract? How do I know if it is not high in mercury?

The fish species are primarily wild salmon and haddock from the deep ocean of France. These fish DNA extracts or marine peptides are not high in mercury because we use double filtration in our extraction and manufacturing process to ensure that our caviar and fish DNA extracts are all free of impurities and harmful heavy metals. In addition, each batch of Caviarlieri will be tested for the presence of heavy metal.

37. What is the expiry date of Caviarlieri?

It can be seen at the side of the Caviarlieri box - it lasts for about 4 years from the date of manufacture.

38. How long should I take Caviarlieri?

It is up to the individual preference. Caviarlieri is a nutritional supplement with antioxidants and strong anti-aging properties and can be consumed long-term for prevention of aging and age-related diseases. However, the initial regime for effective outcomes and results should be at least 3-6 months especially for those who suffer from chronic joint pain or fibromyalgia.

39. Why should an osteoporosis patient take Caviarlieri?

There are some internal studies which show that taking Caviarlieri long-term increases BAP (bone formation marker bone alkaline phosphatase). BAP is an effective and useful marker for bone formation. Patients with borderline osteoporosis who have been taking Caviarlieri for 1-2 years are not diagnosed as "osteoporosis patient" and many of them experience improvement in their bone density, much to the surprise of their doctors.

Some patients also combined Caviarlieri with Calcitonin to delay bone mineralization.

40. Does Caviarlieri work like a Viagra?

Caviarlieri can enhance mood and sexual desire and also helps to stimulate specific cells to boost blood circulation and enhance energy levels critical for sexual activities. However, Caviarlieri, unlike Viagra is not a drug and does not have the negative side effects of Viagra.

Some of the side effects of Viagra include temporary vision loss, migraine, chest pain, and shortness of breath, fainting and painful penis erection lasting 4 hours or longer.

41. I am a vegetarian, can I take Caviarlieri ?



The main sources of protein are caviar and fish, if this is acceptable to you.

42. Should I continue to take multivitamins and Caviarlieri?

It is up to the individual's preference even though Caviarlieri is usually sufficient for most people.

43. What are the symptoms I will experience initially when I take Caviarlieri?

The experience differs among individuals. Some will initially feel sleepy, some will experience high metabolic rate and will feel hungry. Some people will also experience constipation. Once our body starts adjusting to Caviarlieri usually after 10 days, you will experience the outstanding benefits of Caviarlieri .

44. Why is it I feel "heaty" after taking Caviarlieri ?

Caviarlieri is a protein rich supplement and you will be required to drink lots of water. In addition, our body takes time to adjust to Caviarlieri. If such symptoms still persist, reduce the dosage to alternate days or twice a week. Naturally, the dosage can be increased gradually when customers begin to feel more adjusted and would like to benefit more from the positive results of Caviarlieri.

45. Can I consume 2 soft gels instead of 1?

Yes, the dosage can be up to 2 soft gels a day.

46. If I take Caviarlieri after breakfast, is it still effective?

Yes, for consumers with gastric problems, it is better to take after breakfast. It is definitely still effective.

47. I cannot swallow such a huge tablet. Can I break it and take the liquid in the soft gel?

Consuming Caviarlieri by breaking the casing of the gel to ingest the liquid potentially means that the potency of the product will be reduced. This is because the liquid will then have to bypass our stomach, which is acidic by nature and hence the nutrients absorption cannot be maximized.



48. I have heart problems, can I take Caviarlieri?

Yes. We had great feedback from doctors whose patients took Caviarlieri over a period of time and had improved results on their cardiovascular conditions because of the potent anti-inflammatory properties of Caviarlieri.

49. Can Caviarlieri help to cure diseases?

Caviarlieri is only a Food Supplement and because it is not a drug, it cannot be used to treat diseases but since Caviarlieri provides essential nutrition at the cellular level, it can help mitigate the adverse side effects of long-term drug consumption and also improve the quality of life.

50. If I am pregnant, is it safe to take Caviarlieri?

As a precaution, we usually advise pregnant women not to take Caviarlieri.